



FS Academy

THE DATE-ABILITY PROGRAM

Discover empowerment, build skills & gain insight into safe and positive social connections.



11 weeks of interactive education tailored to NDIS participants. Finishing off with a social event in week 12; bringing together attendees from across the state, to practice their new skills & expand on their social circle.

DAY 1: SELF-AWARENESS
DAY 2: FRIENDS
DAY 3: COMMUNICATION

MODULE ONE
FOUNDATIONS

MODULE TWO

**SOCIAL
ETIQUETTE**

DAY 1: FINDING A DATE
DAY 2: ONLINE CONNECTIONS
DAY 3: ROMANTIC RELATIONSHIPS

DAY 1: BOUNDARIES & CONSENT
DAY 2: HEALTHY RELATIONSHIPS
DAY 3: ONLINE SAFETY

MODULE THREE

SAFETY

MODULE FOUR

**SEXUAL
HEALTH**

DAY 1: SEXUALITY
DAY 2: SEXUAL RELATIONSHIPS
DAY 3: SOCIAL EVENT



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NDIS
PROVIDER

“Everyone deserves to love & be loved in a way that brings them joy”



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Explore our NDIS Specific courses:

